



TEHILLIM TALKS

Psalms 69

*To the choirmaster: according to Lilies.
Of David.*

1-4

Save me, O God! (a) For the waters have come up to my **neck** [נֶפֶשׁ, *nephesh*]. ² (b) I sink in deep mire, where there is no foothold; (c) I have come into deep waters, and the flood sweeps over me. ³ (a) I am weary with my crying out; (b) my throat is parched. [John 19:28] (c) My eyes grow dim with waiting for my God. ⁴ (a) More in number than the hairs of my head are those who hate me without cause [John 15:25]; (b) mighty are those who would destroy me, those who attack me with lies. (c) They make me repay what I did not steal.

5-12

O God, you know my folly; the guilt offerings I have done are not hidden from You. ⁶ Let not those who hope in You be put to shame through me, O Lord Adonai of Hosts; let not those who seek You be brought to dishonor through me, O God of Israel. ⁷ For it is for Your sake that I have borne humiliation and shame covers my face. ⁸ I have become a stranger to my brothers, an alien to the sons of my mother. ⁹ Because zeal for Your house has consumed me [John 2:17], thus the reproaches of those who reproach You have fallen on me. [Romans 15:3] ¹⁰ When I wept and humbled my soul with fasting, it became my reproach. ¹¹ When I made sackcloth my clothing, I became a **joke** [מֶשַׁל, *masha*] to them. ¹² I am the talk of those who sit in the gate, and the drunkards make songs about me.

13-21

But as for me, may my prayer to You, Adonai, be at an acceptable time. O God, in the abundance of Your **steadfast love** [חֶסֶד, *chesed*] answer me with the truth of Your salvation. ¹⁴ Deliver me from sinking in the mire; let me be delivered from my enemies and from the deep waters. ¹⁵ Let not the flood sweep over me, or the deep swallow me up, or the pit close its mouth over me. ¹⁶ Answer me, Adonai, for Your steadfast love is good; according to Your abundant mercy, turn to me. ¹⁷ Do not hide Your face from Your servant, for I am in distress. Answer me quickly. ¹⁸ Draw near to my soul, **redeem** [גָּאֵל, *ga'al*] me; **ransom** [פָּדָה, *padah*] me because of my enemies! ¹⁹ You know my reproach, and my shame and my dishonor; my foes are all in front of You. ²⁰ Reproaches have broken my heart, so that I am in despair. I looked for pity, but there was none! And for comforters, but I found none! ²¹ They gave me poison for food, and for my thirst they gave me sour wine to drink. [John 19:29]

22-28

Let their own table before them become a snare; and when they are at peace, let it become a trap. [Romans 11:9] ²³ Let their eyes be darkened, so that they cannot see, and make their loins tremble continually. [Romans

11:10] ²⁴ Pour out Your indignation upon them, and let Your burning anger overtake them. ²⁵ May their camp be a desolation; let no one dwell in their tents. **[Acts 1:20]** ²⁶ For they persecute him whom You have struck down, and they recount the pain of those You have wounded. ²⁷ Add to them punishment upon punishment; may they have no acquittal from You. ²⁸ Let them be blotted out of the book of the living; let them not be enrolled among the righteous.

29-36

But I am downtrodden and in pain; let Your salvation, O God, **set me on high** [גַּבַּח, *sagav*]! ³⁰ I will praise the name of God with a **song** [שִׁיר, *shir*]; I will magnify him with thanksgiving. ³¹ This will please Adonai more than an **ox** [שׁוֹר, *shor*] or a bull with horns and hoofs. ³² When the downtrodden see it they will be glad; you who seek God, let your hearts live! ³³ For Adonai hears the needy and does not despise His own people who are prisoners. ³⁴ Let heaven and earth praise Him, the seas and everything that moves in them. ³⁵ For God will save Zion and build up the cities of Judah, and people shall dwell there and possess it; ³⁶ the offspring of His servants shall inherit it, and those who love His name shall dwell in it.

REFERENCES:

Verse 3

John 19:28 After this, Yeshua, knowing that all was now finished, said (to fulfill the Scripture), "I thirst."

Verse 4

John 15:25 "But the word that is written in their Law must be fulfilled: 'They hated Me without a cause.'"

Alec Moyter: *"David now sees that he was 'silly' to think making 'restitution' for wrongs he did not commit would solve anything."* (Psalms by the Day, pg.185)

Verse 9

Mark 14:4-5 There were some who said to themselves indignantly, "Why was the ointment wasted like that? For this ointment could have been sold for more than three hundred denarii and given to the poor." And they scolded her.

John 2:17 His disciples remembered that it was written, "Zeal for Your house will consume Me."

Romans 15:3 For Messiah did not please Himself, but as it is written, "The reproaches of those who reproached You fell on Me."

Verse 21

John 19:29 A jar full of sour wine stood there, so they put a sponge full of the sour wine on a hyssop branch and held it to His mouth.

Verse 22

Romans 11:9-10 And David says, "Let their table become a snare and a trap, a stumbling block and a retribution for them."

Deuteronomy 19:19 Then you shall do to him as he had meant to do to his brother. So you shall purge the evil from your midst.

Verse 23

Romans 11:10 "Let their eyes be darkened so that they cannot see, and bend their backs forever."

Verse 25

Act 1:16,20 "Brothers, the Scripture had to be fulfilled, which the holy spirit spoke beforehand by the mouth of David concerning Judas, who became a guide to those who arrested Yeshua ... For it is written in the Book of Psalms, 'May his camp become desolate, and let there be no one to dwell in it'; and 'Let another take his office.'"

Matthew 23:38 "See, your house is left to you desolate."