



## PARSHAH SEASONINGS

### YITRO – יתרו

Exodus 18-20

#### Exodus 18:17

Moses' father-in-law said to him, "What you are doing **is not good**."

לא טוב

(*lo tov*)

#### Genesis 2:18

Then Adonai God said, "It **is not good** that the man should be alone. I will make him a helper fit for him."

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#### Exodus 18:21

Moreover, look among all the people for **men of valor**, who **fear God, men of truth** and hate a bribe, and place them over the people as chiefs of thousands, of hundreds, of fifties, and of tens.

אנשי חיל

(*anshei chayil*)

יראי אלהים אנשי אמת

י-א-א-א

1 + 1 + 1 + 10 = 13

13 = אהבה = "love"

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#### Exodus 19:13

"... With **a long blast** of the ram's horn they shall come up to the mountain."

במשך

(*b'moshech*)

3x in Tanach

Joshua 6:5

“And when they make **a long blast** with the ram’s horn, when you hear the sound of the shofar, then all the people shall shout with a great shout, and the wall of the city will fall down flat, and the people shall go up, everyone straight before him.”

Amos 9:13

“Behold, the days are coming,” declares Adonai, “when the plowman shall overtake the reaper and the treader of grapes him the **one sowing** the seed; the mountains shall drip sweet wine, and all the hills shall flow with it.”

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Exodus 20:2

“**I am Adonai** your God, who brought you out of the land of Egypt, out of the house of slavery.”

אֲנֹכִי יְהוָה  
(*anochi Adonai*)

Genesis 1:1

**In the beginning**, God created the heavens and the earth.

בְּרֵאשִׁית  
(*bareishit*)

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REFERENCES:

**Exodus 18:2** Now Jethro, Moses’ father-in-law, [brought] Zipporah, Moses’ wife...

**Exodus 18:25** Moses chose men of valor out of all Israel and made them heads over the people, chiefs of thousands, of hundreds, of fifties, and of tens.

**Proverbs 31:10** A woman of valor [אִשֶּׁת חַיִּיל, *ishet Chayil*] who can find? She is far more precious than jewels.