



## TEHILLIM TALKS

### Psalms 7

*A **Shigayon** of David, which he sang to Adonai concerning the words of **Cush**, a Benjaminite.*

שִׁגְיוֹן  
(*shigayon*)

- (a) A musical instrument?  
(b) A mistake? (c) Confusion?

#### 1-2

O Adonai my God, in You do I take refuge. Save me from all my pursuers and deliver me, lest like a lion they tear my soul apart, rending it in pieces, with none to deliver.

#### 3-5

O Adonai my God, if I have done this, if there is wrong in my hands, <sup>4</sup>if I have repaid my friend with evil or plundered my enemy without cause, <sup>5</sup>let the enemy justly pursue my soul and overtake it and let him trample my life to the ground and lay my glory in the dust. [*Selah*]

#### 6-7

■ **Arise**, Adonai, in Your anger. Lift Yourself up against the fury of my enemies and awaken on my behalf  
■ **the judgment You have decreed**. <sup>7</sup>Let the assembly of the **peoples** be gathered about You. Over it return  
■ on high.

#### 8-11

Adonai **judges** the peoples. **Judge** me, Adonai, according to my righteousness and according to the integrity that is in me. <sup>9</sup> Oh, let the wickedness of the wicked come to an end, and may You establish the righteous – You who **test** the **hearts** and **kidneys**, O righteous God! <sup>10</sup> My shield is with God, who saves the upright in **heart**. <sup>11</sup> God is a righteous Judge, and a God who feels **indignation** every day.

דִּין  
(*din*)  
Passing of a  
sentence

שֹׁפֵט  
(*shaphat*)  
Enforcement of  
a judgment

כליות  
(ce'laiyot)  
"kidneys"

12-16

If a man does not repent, [God?] will whet his sword; he has bent and readied his bow. <sup>13</sup> He has prepared for him his deadly weapons, making His arrows fiery shafts. <sup>14</sup> Behold, the wicked man (a) **conceives** evil and is (b) **pregnant** with mischief and (c) **gives birth** to lies. <sup>15</sup> He makes a pit, digging it out, and falls into the hole that he has made. <sup>16</sup> His mischief returns upon his own head, and on his own skull his violence descends.

17

I will give to Adonai the thanks due to His righteousness, and I will sing praise to the name of Adonai, the Most High.

---

#### NOTES:

##### Attribution

**Habakkuk 3:1** A prayer of Habakkuk the prophet, according to Shigionoth.

**Philippians 3:4-5** ... If anyone else thinks he has reason for confidence in the flesh, I have more: circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the Torah, a Pharisee.

**Numbers 12:1** Miriam and Aaron spoke against Moses because of the Cushite woman whom he had married, for he had married a Cushite woman.

##### Verses 6-7

**Numbers 10:35** And whenever the ark set out, Moses said, "Arise, Adonai, and let Your enemies be scattered, and let those who hate You flee before You."

**Deuteronomy 32:40-41** "For I lift up My hand to heaven and swear, as I live forever, if I sharpen My flashing sword and My hand takes hold on judgment, I will take vengeance on My adversaries and will repay those who hate Me."

**Psalms 2:9** You shall break them with a rod of iron and dash them in pieces like a potter's vessel.

**Psalms 149:9** ...to execute on them the judgment written! This is honor for all His godly ones. Praise Adonai!

##### Verses 8-11

**Genesis 42:15** "By this you shall be tested: by the life of Pharaoh, you shall not go from this place unless your youngest brother comes here."

**Leviticus 3:4** And the two kidneys with the fat that is on them at the loins, and the long lobe of the liver that he shall remove with the kidneys.

**2 Corinthians 10:5** We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Messiah.

**Jeremiah 17:9 (KJV)** The heart is deceitful above all things, and desperately wicked: who can know it?

**Jeremiah 17:9 (ESV)** The heart is deceitful above all things, and desperately sick; who can understand it?

**Jeremiah 17:9 (CLT)** The heart is crooked above all things, and it is mortally ill. Who can know it?

**Proverbs 16:4** Adonai has made everything for its purpose, even the wicked for the day of trouble.

**Proverbs 22:14** The mouth of forbidden women is a deep pit; he with whom Adonai is indignant will fall into it.

**Psalms 30:5** For His anger is but for a moment...

**Exodus 23:22** "But if you carefully obey His voice and do all that I say, then I will be an enemy to your enemies and an adversary to your adversaries."