



## TEHILLIM TALKS

### Psalm 6

*To the choirmaster: with stringed instruments; according to **the Sheminith**. A Psalm of David.*

השמינית  
(*ha'sheminit*)

An 8-stringed harp

1-3

Adonai, rebuke me not in Your anger, nor discipline me in Your wrath. <sup>2</sup> Be gracious to me, Adonai, for I am worn out. Heal me, Adonai, for my bones are troubled. <sup>3</sup> My soul also is greatly troubled. **But You (f.)**, Adonai – how long?

ואת  
(*v'at*)

4-5

Turn, Adonai, deliver my soul; **save** me for the sake of Your **steadfast love**. <sup>5</sup> For in death there is no remembrance of You; in **Sheol** who will give You praise?

ישה  
(*yashah*)  
“rescue”

חסד  
(*chesed*)

“When the person from whom I have a right to expect nothing gives me everything.”

שאול  
(*sheol*)  
“grave”

6-7

I am weary with my moaning; every night I flood my bed with tears; I drench my couch with my weeping. <sup>7</sup>  
My eye wastes away because of **anger**; it grows weak because of all my foes.

כעס  
(*cas*)  
“anger”

8-9

Depart from me, all you workers of evil, for Adonai has heard the sound of my weeping. <sup>9</sup> Adonai has heard my plea. Adonai accepts my prayer.

10

All my enemies shall be ashamed and greatly troubled. **They shall turn back and be put to shame** in a moment.

ישבו יבשו  
(*yashuvu yeivoshu*)

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#### REFERENCES:

**Genesis 45:3** And Joseph said to his brothers, “I am Joseph! Is my father still alive?” But his brothers could not answer him, for they were **dismayed** [בהל, *bahal*] at his presence.

**Genesis 37:35** All his sons and all his daughters rose up to comfort him, but he refused to be comforted and said, “No, I shall go down to **Sheol** to my son, mourning.” Thus his father wept for him.

**Matthew 7:23** “And then will I declare to them, ‘I never knew you. Depart from me, you workers of Torah-lessness.’”

**Proverbs 3:12** For Adonai reproves [יכה, *ya'chach*] him whom He loves, as a father the son in whom he delights.

**Ezekiel 33:11** Say to them, “As I live, declares the Lord Adonai, I have no pleasure in the death of the wicked, but that the wicked turn from his way and live. Turn back, turn back from your evil ways, for why will you die, O house of Israel?”

***INEXPRESSIBLE: Hesed and the Mystery of God's Lovingkindness***, by Michael Card  
(IVP, 2018)