



TEHILLIM TALKS

Psalm 1

The Five Books of Psalms

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|-------------------|----------------------|
| 1. PSALMS 1-41 | The GENESIS Book |
| 2. PSALMS 42-72 | The EXODUS Book |
| 3. PSALMS 73-89 | The LEVITICUS Book |
| 4. PSALMS 90-106 | The NUMBERS Book |
| 5. PSALMS 107-150 | The DEUTERONOMY Book |

אשרי
(*ashrei*)

Psalm 119:1-2

Contented are those whose way is blameless, who walk in the Torah of Adonai! **Contented** are those who keep His testimonies, who seek Him with their whole heart.

2

חפץ
(*chophetz*)

“delight/take pleasure in”

Psalm 40:8

I **delight** to do Your will, O my God. Your Torah is within my heart.

Psalm 34:12-13

[Q:] Who is the man who **desires** life and loves length of days that he may see good? [A:] Keep your tongue from evil, and your lips from speaking deceit.

הגה
(*hagah*)

“meditate”

Jeremiah 17:8

He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.

צֶלַח

(tzalach)

“bring to a successful conclusion”

Joshua 1:8

This Book of the Torah shall not depart from your mouth, but you shall **meditate** on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way **successful**, and then you will prosper.

4-5

צ / צַ

(tzaddi)

6

צַדִּיק

(tzaddik)

“righteous person”

Matthew 7:21-23

“Not everyone who says to Me, ‘Master, Master,’ will enter the kingdom of heaven, but the one who does the will of My Father who is in heaven. On that day many will say to Me, ‘Master, Master, did we not prophesy in Your name, and cast out demons in Your name, and do many mighty works in Your name?’ And then will I declare to them, ‘I **never knew you**. Depart from Me, you workers of Torah-less-ness.’”

1 Corinthians 8:3

But if anyone loves God, he is **known** by God.

Psalm 119:174

I long for your **Yeshua**, Adonai,
and Your Torah is my **delight** [*sha'ashuim*].